

SPIRITUAL GASTRONOMY TOUR

The Province of Québec¹ is the largest province in Canada and the second-most populous province of Canada, after Ontario. It is the only one to have a predominantly French-speaking population, with French as the sole provincial official language. Most inhabitants live in urban areas near the Saint Lawrence River between Montréal and Québec City, the capital. The name "Québec", which comes from the Algonquin word kébec meaning "where the river narrows". The history of Québec dates as far back as the discovery of Canada itself. It was indeed on her soil that Jacques Cartier, the envoy of the king of France, landed for the first time in 1534. Since the earliest days of New France in the 17th century, religion and public demonstrations of faith have been a vital aspect of Québec society. The conversion of the Amerindians and the spread of Catholicism throughout North America played a key role in the growth of this initially French and later British colony. Today, this centuries-old tradition is reflected in numerous places of worship, the guardians of Québec's religious and cultural heritage.

The province of Québec counts:

20	Roman Catholic cathedrals
19	Dioceses
4	National Shrines of Canada
2018	64 parishes
1995	269 parishes
2018	228 churches belong to parishes
Since 1980	<ul style="list-style-type: none"> ▪ 46 churches were sold. 12 alienated churches belong to municipalities. ▪ 4 churches are closed to worship and ready to be sold. ▪ 8 churches are considered surplus to the cult ▪ 1 church destroyed by fire.
2018	14 000 priests, nuns
1961	more than 60 000

And we can go on with more information. However, some of the religious communities in the province, besides practicing the main purpose of their worship decided to offer something new, something to finance their community's needs; Agritourism.

DAY 1 MONTRÉAL

Approximate time of arrival of your flight at Pierre-Elliott Trudeau International Airport in Montréal. Meet & Greet at the airport in Montréal or downtown Montréal.

Your guide will give you some information about your sojourn in the Province of Québec as well as some tips about driving in the province².

Montréal³, Québec, incorporated as a city in 1832, population 1,704,694 (2016 c). Montréal is Canada's second largest city and is home to nearly half of the province of Québec's population. It is the metropolis of the province and was the most populous city in Canada for a century and a half. It is in southwestern Québec on Île de Montréal at the confluence of the St. Lawrence and Ottawa rivers. Montréal is a major industrial center, commercial and financial metropolis, railway and maritime bridgehead, and one of the centers of francophone culture in North America. It is one of the world's great cities and enjoys international acclaim. Montréal is an island – 50 km (31 mi) long by 16 km (9.9 mi) wide.

¹ <http://www.Québecoriginal.com/en>

² <https://www.Québecoriginal.com/en-us/vacation-planning/getting-around>

³ <https://www.mtl.org/en>



Stay in Montréal at one of the hotels in the Greater Montréal. Time to freshen up in your room and think about your dinner for tonight. For the first night in Montréal, why not go for a walk in the Old Montréal, time for browsing around in one of many shops and to talk with local painters on the street and just have a stress-free evening?

Old Montréal is a popular tourist destination since it holds some of Montréal's oldest buildings, many of which date back as far as the 1600s. This historic neighborhood is picturesque and full of character. Lined with cobble streets and as a cultural hotspot, Old Montréal is a must-see. Here we list our top things to do and see.

Your visit will bring you first to

The Notre-Dame Basilica

It is the first church of the Gothic Revival style in Canada. Its history, noted by the Sulpician Fathers since its foundation, is intimately tied into the history of the City of Montréal. It bears witness to its Catholic foundations and the ever-present connections between the arts and religion. Its architectural style marked a turning point in the religious tradition and was imitated by several parishes. A place of prayer and celebration of Catholic worship, Notre-Dame basilica has always been the site for grand events that have highlighted the imagination of the Québécois.

Aura

A luminous experience in the heart of the Basilica. The experience begins with a path of lights, revealing the Basilica's wealth of exquisite works. A progressive immersion into a sonically and visually captivating universe guides visitors to the heart of Notre-Dame. Then, light, orchestral music and grandiose architecture combine to create a unique, three-act multimedia spectacle.

After your visit to the basilica, we are pretty sure that you are feeling a bit hungry and why not enjoy your first dinner in Montréal, in a fine restaurant. For tonight, we recommend you:

Gibbys

Steakhouse in a historic stable.

Chez l'Épicier

The food is playful as well with a variety of French fusion creations such as the white asparagus soup with truffle oil or the Cornish hens stuffed with foie gras.

Le Club Chasse et Pêche

Like only a hunter or fisherman's pride can produce, the dishes here exude respect for their ingredients and showcase the simple flavors nature has to offer.

Toqué!

It was ranked as the number 1 restaurant in Canada by a panel of chefs, critics, and diners, and not without good reason. Chef Normand Laprise only serves up the freshest market ingredients and puts special emphasis on local Québec products.

Or you just feel like going with the flow, why not take a dinner cruise in Montréal's harbor with:

Le Bateau Mouche

A walk in the heart of the most romantic city districts leads you to Le Bateau-Mouche. This one of a kind product is defined by its cozy ambiance, understated elegance, above and beyond customer service and inventive menus.

Croisières AML

Come aboard, savor our fine cuisine and enjoy a memorable VIP experience: Priority entry aboard on boat; Welcome cocktail, 6-course table d'hôte, half bottle of wine and a "digestif", 3 glassed-in dining rooms; Entertainment, bars, DJ and dancing on the terraces; Distinctive experience; Circus performances of world-class performers.

But the evening just starting in Montréal and you can take part in one of the festival or entertainment of your choice:

Casino Montréal

Located in the former Expo'67 French Pavilion (Pavillon de la France), the Casino de Montréal was inaugurated on October 9, 1993. A hundred gaming tables, including EZ Baccarat™, Grand Baccarat, Midi-Baccarat, Mini-Baccarat, War, Blackjack, Blackjack Switch, craps, Mini Craps, Three Card Poker, Caribbean Stud Poker, Let it Ride Poker, Pai Gow Poker, High Card Flush, Wheel of Fortune, American and English roulette, Sic Bo, Spanish 21 and Ultimate Texas Hold'em poker. Four restaurants including Atelier Joël Robuchon.

La Grande Roue de Montréal – lagranderouedeMontreal.com

Enjoy an amazing panorama 60 meters high, four seasons a year, on the largest observation wheel in Canada.

JUNE

Grand Prix du Canada – circuitgillesvilleneuve.ca

The best Formula 1 drivers in the world meet at the demanding Gilles-Villeneuve Circuit.

FrancoMontréal – francosMontreal.com

Les Francos celebrate the diversity and quality of musical offerings from the international Francophonie. At an average of 70 indoor shows and 180 free outdoor shows, the wide world of French pop, rock, blues, jazz, world music and more can be yours.

JULY

Festival International de Jazz de Montréal – Montrealjazzfest.com

The world's largest jazz festival features over 650 shows, including 370 free outdoor concerts.

L'International des Feux Loto-Québec – laronde.com

An awe-inspiring international fireworks competition featuring 10 spectacular pyro-musical displays.

Montréal Complètement Cirque – Montrealcompletementcirque.com

Circus troupes and performers from near and far take the cultural metropolis by storm for a summer event not to be missed.

JULY

Just for Laughs Festival – hahaha.com

The world's largest and most prestigious comedy event presents gala performances, theatre, club shows, and free outdoor performances.

AUGUST

Fashion & Design festival – festivalmode.design.com

The Fashion & Design Festival celebrates creativity and culture through a major outdoor event.

OSM Classical Spree Festival – vireclassique.osm.ca

An effervescent and joyful celebration of great music and outstanding performances from around the world.

SEPTEMBER

YUL East – festivalyuleat.com

Each fall, foodies can enjoy exclusive food and drink tastings, culinary demos and conferences in Montréal's Old Port.

SEPTEMBER TO NOVEMBER

Gardens of Light – espacepourlavie.ca

Gorgeous gardens glow with hundreds of colorful silk lanterns and beautiful architectural lighting.



DAY 2 MONTRÉAL

Breakfast this morning is a bit special and you have to try the local cuisine.

St-Viator Bagel

The legendary St-Viateur Bagel Shop is located in a multi-cultural neighborhood in Montréal. It is truly one of Montréal's landmarks and has been immortalized in numerous paintings, in films, and in books. It attracts locals, tourists and celebrities alike. It is truly one of Montréal's landmarks and has been immortalized in numerous paintings, in films, and in books. Try their famous bagels with "creation", a specialty from Québec!

After your breakfast, your tour guide will meet you at the restaurant and you will depart for your sightseeing tour of Montréal. You will discover many neighborhoods and attractions of Montréal. You have many

OPTIONS:

Gray Line Montréal

Hop-on Hop-off.

Fitz & Follwell

Walking tours: Old Montréal, River to Mountain, Underground City or bike tours: South Montréal, North Montréal, South & North Combo, Family Friendly Neighborhood Ride.

Guidatour

Ghost tour, Walking tour, Old Montréal East & West.

Local Montréal Food Tours

Craft Beer tour, Old Montréal Food Tour, Plateau & The Main Food Tour, The Mile End Montréal Food Tour.

Round Table Tours

Gastronomic tours to specialty grocers.

VDM Global DMC

Flavors and Aromas of Old Montréal.

Other Tours:

Scooter tour, Step-on-guide, Cruise tour, a Ghost tour and more.

However, in Montréal you must see:

Saint Joseph's Oratory of Mount Royal-Saint Joseph

It is often viewed as the saint of everyday life. It's not every day, however, that you can visit one of the most popular Catholic pilgrimage sites in the world. Saint Joseph's Oratory is a Montréal masterpiece — the pièce de résistance among a city of one thousand stunning churches. The oratory is home to a magnificent Rudolf von Beckerath organ, which is ranked among the ten most prestigious in the world. Also, the basilica's huge dome reaches 97 m (318 ft), making it second only in height to Saint Peter's Basilica in Rome. Temporary exhibitions are available throughout the year.

Espace pour la vie

Together, the Biodôme, Insectarium, Jardin Botanique and Planétarium Rio Tinto Alcan form a place where nature and science are honored, a Space for Life. It's a participatory movement in which communities here and elsewhere are invited to participate. And it's also a commitment to protect our planet's biodiversity.

Pointe-à-Callière

Designated a national archaeological and historic site, Pointe-à-Callière presents centuries of history from the settlements of our Indigenous People to the present day. Located on a spot occupied by humans for more than a thousand years and on the very site where Montréal was founded, the Museum is home to some remarkable architectural ruins that are showcased on site.

Then, we will go back to downtown Montréal to try another specialty of the city for lunch:

Swartz's Deli

World Famous Original Smoked Meat! Over 90 years of tradition - A Montréal classic. The oldest deli in Canada. A true Montréal landmark situated on the historic "Main".

Or you have heard about it, you dream to try it, so why not going to:

La Banquise

More than 30 types of "poutine" and more.

Or you want to meet with local people and eat comforting food:

Chez Tousignant

It's fast food but made to order. A bag of cheese curds that goes with supper. Assembled hot dogs, made proper. And fine toppings on a beautiful burger. But you must order from the counter and get up again when it is ready. Prepared like it was meant to be, no fodder.

Finally, you just want a taste of Québec.

Au Pied de Cochon

Their atmosphere has been described as casual and family friendly. A bastion for decadence!

After your lunch, the afternoon will be reserved for shopping in downtown Montréal:

Birks - 1879

The beginning of a landmark in Montréal and discover all about Birks Canadian Diamonds!

Chlorophylle

Company made in Québec, passionate adventurers dreamed of offering high-performance clothing and equipment for the pursuit of outdoor activities. The collection was destined to become the gear of choice for both beginners and experts.

Kanuk

Kanuk is a Québec company, which was founded 40 years ago and by and for people who love winter. Their first clients, explorers and passionate outdoorsmen, were instantly seduced. More than forty years later, Kanuk continues to rely on its unparalleled expertise in winter clothing: coats made in Québec for extreme climates.

Sainte-Catherine Street West

Where you will find stores like Complexe Desjardins, Cours Mont-Royal, The Montréal Eaton Centre, Promenades Cathédrale and many more.

With all this shopping, time to go back to your hotel, drop your bags and you will continue your discovery with

Bota, spar-sur-l'eau

Fashioned in an old ferryboat. In addition to its Scandinavian-inspired water circuit, the spa offers treatments for both the body and face.



You are relaxed and ready to go for dinner. See the list above for restaurants and activities in Montréal.

DAY 3 MONTRÉAL

This morning, we offer you a special breakfast.

Maison Boulud

Maison Boulud offers the cuisine of a chef steeped in French tradition yet inspired by decades spent cooking in New York City. Daniel Boulud's menu is driven by the seasons and bounty of Québec's local purveyors. Ritz Carlton Hotel

We will continue our sightseeing tour this morning, with some major attractions:

Museums

McCord; wax people, Montréal Museum of Fine Arts, Grévin Montréal; wax museum, Musée d'art contemporain de Montréal, Canadian Centre for Architecture and more.

Grande Bibliothèque

The new library in Montréal which is worth to see.

Place des Arts with Orchestre Symphonique de Montréal

New building with a total seating capacity of nearly 8 000.

Public Markets in Montréal⁴

Montréal's Public Markets (MPM) comprise some 15 markets scattered across the Island of Montréal. Throughout the year, you'll find first-rate products and a warm welcome at your urban public markets. Generations of both merchants and customers have grown up in their family-friendly village-like atmosphere.

You can have your lunch in one of these restaurants:

Les Enfants Terribles – Place Ville-Marie

Les Enfants Terribles revisits the classics and also crafts innovative and simple dishes with a festive, flavourful and unorthodox touch.

Chinatown of Montréal

Established by Chinese immigrants from Western Canada at the end of the 19th century, this neighborhood in the Montréal borough of Ville-Marie is one of the oldest Asian communities in North America.

The remaining of the day is at leisure, to discover more about Montréal. Dinner in one of the recommended restaurants above.

DAY 4 MONTRÉAL / TROIS-RIVIÈRES – 141 KM | ±1H30

Breakfast at your hotel. Pick-up your car and you will drive north of Montréal to the region of Lanaudière⁵.

TAKE ROUTE #138 EAST TO TROIS-RIVIÈRES.

En route, you can stop in Repentigny, for two reasons:

Église de la Purification-de-la-Bienheureuse-Vierge-Marie

Located in a parish founded in 1684 and built from 1723, this church is the oldest in the diocese of Montréal.

Église Notre-Dame-des-Champs (called 'La Sacoché', the purse)

The special design of the building is an answer to new aesthetics, but also to a requirement of physical nature: the soil is made of clay 24 m (80 ft) deep. The building must rest on a very wide course, corresponding to the parish hall's surface. Its structure has been lightened and its gravity center lowered. The building is rectangular with a protruding chancel and a semi-circular apse. The church interior stands out for its volumetric, its ceilings and its exceptional windows which are surprising right from the entrance. From lateral low paneled oak walls come shifty walls similar to huge sails in juxtaposed widths. At the top, beams of light, which are coming from windows, are reflected on the white walls. The vault ends, all along the nave, by a narrow deep blue corridor which gives an impression of immensity, infinity, sky. An airy expression emerges. Lighting is zenital, coming from above through windows located at the top of the vault or from lighting located behind the lateral low walls.

Windmills Grenier

Built in 1820 and opened to the public.

FROM ROUTE #138 IN LAVALTRIE, TAKE ROUTE #131 NORTH

From Berthierville, you will go north up to Saint-Jean-de-Matha to visit:

Val Notre-Dame Cistercian Abbey

Since 2009, it has been home to a community of 24 Cistercian monks from the Abbaye d'Oka. Val Notre-Dame Abbey was founded in 1881 by the Bellefontaine Abbey in France under the name "Abbaye Cisterciens Notre-Dame-du-Lac." On March 1, 2009, the community left the Oka site, where it had been established since its foundation, to settle in Saint-Jean-de-Matha, in Lanaudière, taking the name "Val Notre-Dame Abbey." According to the Rule of St. Benedict and the community's constitution, monks were required to live from the work of their own hands and not from possible donations. On February 18, 1893, Brother Alphonse Juin, a monk from Entrammes in France, knocked on the monastery's door and offered an unexpected solution: the recipe for an award-winning cheese called Port-du-Salut. And this is how Oka cheese was born. It won the first prize during the Montréal Exposition in 1893 and once again the following year, during the Québec City Exhibition. From 1893 to 1974, Abbey's monks were able to support themselves thanks to the income generated by the sale of Oka cheese. As the years went by, however, the business's growth had become so important that it was no longer possible for the community to maintain it while pursuing the spiritual

⁴ <https://www.marchespublics-mtl.com/en/>

⁵ <https://lanaudiere.ca/en/>



objectives of monastic life. The time had now come to pass on the secret of the Oka cheese to true entrepreneurs. And so, Agropur took over in 1974. During this period, the community had an apple orchard, a maple grove, and a garden. It also ran a store by the roadside leading to Oka's provincial park. In 1977, the monks opened le Magasin de l'Abbaye inc. Even though Oka cheese is no longer made by the monks, it continues to this day to be sold in their store, along with other products, mostly made with apples. Later on, in 1989, home-made sucre à la crème (cream fudge) was added to their product offering, then fine chocolates, peanut butter, two collections of Cistercian books and, in 1998, fruit cake. Today, the Abbey store pursues the same mission: to enable the monks of Val Notre-Dame Abbey to support themselves by selling a range of food products prepared by the monks themselves, as well as local products and books. In 2014, new food products were added, mostly edible forest products, such as herbal teas and wild mushrooms, from Abbey's forest.

Are you a fan of gourmet delights? You must visit the website of Terroir et Saveurs⁶. Whether you're looking for something to do, regional cuisine, local products or accommodation with breakfast, Terroir et Saveurs offers you authentic encounters with people who are passionate about, and committed to, featuring regional and Québec terroir products.

While you are in Saint-Jean-de-Matha, why not take some time to visit:

Maison Louis-Cyr

Step into the world of the strongest man of all time, at an ancestral home that was occupied by Louis Cyr and his family: The Maison Louis-Cyr. Learn about the fascinating story of the man who was considered the world's strongest man in his time and whose exploits have never been equaled, even 150 years after his birth!

FROM SAINT-JEAN-DE-MATHA TAKE ROUTE #131 SOUTH UNTIL ROUTE #345 SOUTH TO BERTHIERVILLE

Continuation of your route until Berthierville, where you will find:

Chapelle des Cuthbert

Built in 1786 by James Cuthbert, the chapel is the oldest former Protestant church in Québec. Classified as a historical monument, it is enlivened all summer long by guided tours and exhibitions.

TAKE HWY #40 EAST TO TROIS-RIVIÈRES

You are now in the Mauricie⁷ region.

From the banks of the St. Lawrence, the Mauricie region extends deep into the boreal forest, covering over 40,000 km² (24,900 mi²) in total. The rugged backcountry, a forested domain liberally scattered with lakes and rivers, is a veritable paradise for anglers, canoeists and kayakers. In winter, the region offers numerous cross-country skis, snowshoe and snowmobile trails. Trois-Rivières, founded in 1634, is a major tourist center and a must-see stop along the King's Road⁸ (Chemin du Roy).

Visit in St-Justin

Sources Saint-Justin

It is the only mineral water in Québec bottled right at the source in Saint-Justin in Mauricie. In use since 1895 and bottled in recyclable containers, this is a unique, light sparkling water and a high level of sodium bicarbonate, the reasons for its outstanding qualities.

In Trois-Rivières, you can visit:

Boréalis, Centre d'histoire de l'industrie papetière

The Experience tour at Boréalis is an opportunity to discover the great adventure of pulp and paper in Québec through themes such as logging, water, factory work, lumberjacks and log drivers, and the emergence of working-class districts. You can also attend a papermaking workshop and go on a scavenger hunt in the museum's underground vaults.

Musée québécois de culture populaire and the Old Prison

An accessible museum that explores Québec popular culture. Don't miss the exhibitions: Comic Book Art in Québec; Flesh and Muscles: The Phenomenon of Québec Strongman; Toys throughout History; Rodolphe Duguay, Contemporary Look. Part of the Musée québécois de culture populaire, the Old Prison of Trois-Rivières (1822-1986) is a historic monument that offers an unforgettable guided tour of prison life based on the testimony of former inmates.

Our Lady of the Cape Shrine

Along the Saint Lawrence River, is the second largest Marina Sanctuary dedicated to the Virgin Mary in North America. The "Little Sanctuary" near the Basilica, a historic chapel built in 1714, is considered the oldest church in Canada. With its gardens and footpaths, the sanctuary is an oasis of greenery and a haven of peace.

Forges du Saint-Maurice National Historic Site

Discover the remains of the first iron industry in Canada. Step into the Grande Maison (the "ironmasters' house") to admire the iron and cast-iron items manufactured at the forges, then stop at the blast furnace to learn more about this community of craftsmen who, for 150 years, provided the objects needed for the development and defense of the colony.

For your lunch, we recommend:

Cabane à sucre Chez Dany:

Indulge your sweet tooth with delicious maple products! Even if you can enjoy authentic sugar shack meals all year round, sugar shacks are particularly popular in spring when the sap begins to flow, and maple producers start to make the divine syrup. Faithful to their traditions, Québécois flock with family and friends to feast and celebrate the sugars. You'll enjoy traditional Québec cuisine with maple syrup of course, but also dance, music ... and taffy!

Do you like maple syrup? You can get some information on the Fédération des producteurs acéricoles du Québec's⁹ website and for recipes on the Maple from Québec's¹⁰ website or follow La Route de l'Érable's¹¹ website!

⁶ <https://www.terroiretsaveurs.com>

⁷ <https://www.tourismemauricie.com/>

⁸ <https://www.lecheminduroy.com/>

⁹ <https://fpaq.ca/en/>

¹⁰ <https://maplefromQuebec.ca/>

¹¹ <http://ilovemaple.ca/taxonomy/term/67>



Aux Confluents Terrace:

ADJACENT TO THE MUSEUM, ITS TERRACE IS AN ENCHANTING PLACE OVERLOOKING THE ST. LAWRENCE AND ST. MAURICE RIVERS.

You will spend the night in Trois-Rivières or surroundings area. You might consider staying at

Auberge du Lac-à-l'Eau-Claire

Auberge du Lac-à-l'Eau-Claire Beach. This property is either next to the beach or will have its own private access.

Hôtel Sacacomie

Located in the heart of one of the most remarkable forests in Eastern Canada, Hotel Sacacomie offers an exceptional nature experience.

Le Baluchon

The Baluchon Eco-tourism resort in La Mauricie offers a Health Spa, a Nordic Spa, business meetings, accommodation packages, gourmet table d'hôte and much more!

L'Auberge du Lac Saint-Pierre

Located in Trois-Rivières by Lake Saint-Pierre, L'Auberge Du Lac-Saint-Pierre offers a seasonal outdoor pool, sauna, massage services and a gastronomic restaurant.

Hôtel Oui Go!

Urban, Chic and Casual. Hôtel Oui Go! is in the heart of downtown Trois-Rivières. Feel the energy of the terraces come alive. Stroll amidst the striking decor of the historic district and the Old Port.

DAY 5 | TROIS-RIVIÈRES / LAC-BOUCHETTE OR VAL JALBERT – 307 KM | 3H20

After your breakfast and if you are interested in the only producer of saffron in Québec, you can visit

Pur Safran

The first commercial saffron producer in Canada, they produce pure saffron of exceptional quality that is available for sale, as well as saffron products made on site by artisans.

TAKE ROUTE #155 NORTH TO SAGUENAY-LAC-SAINT-JEAN

This route is along the St-Maurice River. En route, you can visit:

La Cité de l'énergie

This world-class scientific tourist attraction presents ENERGIA "The Spirit of the Earth", a unique multisensory multimedia show, and the exhibitions "The Ages of Energy" and "Stories of our Lives", which use digital tablets and deal with energy in all its forms and the history of Shawinigan. Discover the breathtaking panorama of the region at the top of the second highest observation tower in Québec.

Arrival in the region of Saguenay-Lac-Saint-Jean¹² region.

The Kingdom of Saguenay Lac-Saint-Jean, named by Jacques Cartier in 1625, invites you to a land of wonder and delight. From celebrating nature in all forms to the warm local encounters, including festivities and world-class sporting events, the young and exhilarating history of the "Pays des Bleuets" is revealed along the way. Hikers, cycling enthusiasts, avid anglers, camping fans, seekers of new flavors, lovers of landscapes, nautical navigators, fans of museum and culture.

Continuation of your route to arrive at

L'Ermitage Saint-Antoine de Lac-Bouchette

A few minutes away from the majestic Lac-St-Jean, on wooden grounds located at Lac-Bouchette, the Ermitage Saint-Antoine is a destination appreciated as much by pilgrims than people on an inner quest or travelers seeking natural beauty and tranquility. Founded in 1907 and animated by the Capuchin's religious order, this national shrine offers great quality lodging (cottage, hotel, camping), a restaurant and many more activities and services: guided tour, heritage buildings, museum and works of art, walking trail, the famous Kapatakan (trail of Our Lady (a 215 km (165 mi) Compostela-style pilgrimage) and so much more.

You can spend the night there here and enjoy:

La Mie de Saint-Antoine

Home-style bakery, La Mie de Saint-Antoine, offers you a wide variety of fresh bread, made daily, and mouth-watering pastries. The bakery contributes to Saint Anthony's Bread for the Poor charity founded by Abbé DeLamarre. When buying items at the bakery, you make it possible for Ermitage Saint-Antoine to continue helping the poor and needy and learn more about poverty in Québec and in the world.

Or you can continue a bit further and then overnight at:

Val-Jalbert

Experience life as it was in the '20s, in a genuine company town complete with forty or so original period buildings. The convent-school, general store, and pulp mill abound in secrets that will be revealed by many colorful characters. With your family, friends or group, discover how people used to live in this ultramodern village where, twenty-five years before the other residents of the province of Québec, they had the luxury of electricity and running water. Confront the powerful Quaiatchouan Falls, higher than Niagara Falls, by stepping out onto the glass platform of our new spectacular lookout, nestled within the heart of the Falls. Enjoy one of the many tours available, with themes ranging from traditional to technological, or check out our cultural, recreational and sports activities that are just waiting to be discovered.

Overnight in one of the locations.

The Saguenay-Lac-Saint-Jean is famous for its "bleuets" — blueberry - and the tradition is you need one blueberry to make a pie | "Tourtières" — meat pie - The tourtières of the Saguenay-Lac-Saint-Jean area are slow-cooked deep-dish meat pies made with potatoes and various meats (often including wild game) cut into small cubes. | "Cipaille or Cipâte or Six-pâtes" - Kind of meat pie made of six crusts and with wild game or rabbit. | "Soupe aux gourganes" — Fava bean soup - Soup made with pork, beef, pearl barley, freshly shelled and peeled fava beans. To try these specialties, you can check: along the route for some "Cabanes à patates" (French fries shack) or "Truck" (trucks on wheels) or / Le Parasol — Chicoutimi | La Maison Banville - Saint-Félicien | Moulin des Pionniers - La Doré | L'Entre Gens - Saint-Bruno. Bon Appétit!

¹² <https://www.saguenaylacsaintjean.ca/en/>

DAY 6

LAC-BOUCHETTE OR VAL JALBERT

Today, breakfast at one of the locations. Time to visit where you are and to learn more about the history of the area. You will visit the area, which offers a lot and we can come back for the night.

Parc de la caverne Trou de la Fée

Cave and the canyon along the Métabetchouan River, one of the most beautiful rivers in Québec. A unique Canadian site due to the granite formations, the Parc de la caverne du Trou de la Fée is the ideal place for first-time caving experiences. Explore the canyon by walking along footbridges anchored to the rocky capes 8 m (26 ft) above the waterways below, two installations that are perfectly integrated into the landscape and offer spectacular scenic vistas. Explore the canyon across 350 m (1 148 ft) of zip lines at 50 m (164 ft) above the river. Thrills and magnificent views unlike never before are waiting for you! Stroll along the hiking trails.

Mashtewiatsh

The Saguenay–Lac-Saint-Jean territory was first inhabited by the Pekuakamiuwahtsh (Montagnais), the only aboriginal community in the region still living in Mashtewiatsh. Every summer, the hospitality and rallying tradition continues during the Grand Rassemblement des Premières Nations de Québec, with its colorful Pow-Wow. Immerse yourself in the culture at the Carrefour d'Accueil Innu (welcome center), and at the Uashessihsh-Innu cultural transmission site, or experience the Aboriginals' lifestyle by staying in the Montagnais' natural surroundings and sleeping in a tent.

Val Jalbert

If you are staying at L'Ermitage Saint-Antoine-de-Lac-Bouchette

L'Ermitage Saint-Antoine-de-Lac-Bouchette

If you are staying at Val Jalbert.

Centre d'interprétation de La Vieille Fromagerie Perron

Have you heard about the 'Poutine' in Québec, do you want to try the cheese curd, which makes noises when you are eating it, if fresh! Working with great expertise and a will to improve their products, the Fromagerie Perron has aimed at combining tradition and innovation throughout its history. Respecting their predecessors' hard work and always searching for ways to improve cheese-making techniques, the Perron Family's artisans still create exceptional products.

For lunch, we may recommend you:

Dining room at l'Ermitage Saint-Antoine-de-lac-Bouchette

Le Campanile is known for its shared menu and its dishes made with local products. During the summer, Le Campanile's guests can have their meal on our terrace, immersing themselves in the beautiful sight of Lake Quiatouchouan.

Dining room at Val Jalbert

The restaurant du Moulin offers a mouth-watering tour of regional cuisine from Saguenay-Lac-Saint-Jean under the sign of the "inédit". For lunch, the Bistro offers delicious goods, creatively concocted with expert hands from ingredients of the highest quality. In the evening, our menu offers a wide range of sophisticated flavors with regional produce in the spotlight. Encouraging local businesses, products such as Perron Cheddar cheese, vegetables from the garden chez Lévesque and Boreal Saint-Prime pork are all highlighted throughout our menu. Enjoy the local flavors as a couple, a family or in a group setting, in the comfort of our dining room, which combines rustic charm and modern architecture. Under the careful instruction of Chef Carl Murray, the restaurant du Moulin brings you back to the source of fine dining. It is enhanced with refreshing originality, which complements the authentic and spectacular village of Val-Jalbert.

In the afternoon, you have some options:

Veloroute des Bleuets

A bike trail that encircles Lac-Saint-Jean over 256 km (160 mi), across 15 municipalities and through the Mashtewiatsh community. With access to the Parc national de la Pointe-Taillon, the Veloroute des Bleuets offers many occasions for places to eat, accommodations and exploring the numerous tourist activities in the vicinity. No matter your age, traveling alone or not, a cycling excursion to the land of blueberries will provide an unforgettable experience.

Sentier Notre-Dame Kapatakan

The Sentier Notre-Dame Kapatakan called the "little Compostela" of Saguenay–Lac-Saint-Jean is a 215 km (134 mi) long walking trail that joins Notre-Dame-du-Saguenay in Rivière-Éternité to Lac-Bouchette's national Sanctuary, Notre-Dame-de-Lourdes de l'Ermitage Saint-Antoine. For the entire length of the Kapatakan, an aboriginal word meaning "trail", 14 thematic sectors are offered through towns and villages in the discovery of the region's spiritual, natural and cultural sites.

Bleuets – blueberries

If you are traveling in August, why don't you spend some time to pick-up blueberries in one of the 'bleuetière' in the area!

DAY 7

LAC-BOUCHETTE OR VAL JALBERT

Today, we are going a bit further!

Zoo sauvage de Saint-Félicien

There are just too many two and four-legged critters to count at the wildlife zoo! The site is free of cages and fences. Direct and unforgettable contact for the entire family. Over 1,000 animals from 75 native and exotic species call this massive territory their home. Hop on board the Nature Trail Park train where visitors are caged, and the animals roam free. People of all ages will make friends with adorable farm animals. Visitors will be enchanted by the new illuminated course designed by Moment Factory, creators of Foresta Lumina.

Considered taking the entire day to visit this park and part of the evening, if you wish.

DAY 8

LAC-BOUCHETTE OR VAL-JALBERT / SAGUENAY – 243 KM | 3H13

Today, you will leave our hotel and start your tour around Lake Saint-Jean.

Lac Saint-Jean is a large, relatively shallow lake in south-central Québec, Canada, in the Laurentian Highlands. It is situated 206 km (128 mi) north of the Saint Lawrence River, into which it drains via the Saguenay River. It covers an area of 1,053 km² (407 sq. mi), is 63.1 m (207 ft) at its deepest point. Its name in the Innu language is Piekuakami. In 1955 with the first Traversée internationale du Lac Saint-Jean (open water swimming race), from Peribonka to Roberval – 32 km (20 mi) henceforth placing the town on the global scene of long-distance swimming. This competition gives way to a large-scale festival at the end of July.¹³

You can start your tour with

Bilodeau Fur dealer-bootmaker and Taxidermy Économusée

Where the fascinating world of fur and taxidermy is revealed from meeting artisans at work. For over thirty years, the company has been manufacturing 100% regional products for their visiting audience. A spectacular visit at the heart of this larger than life company.

¹³ <http://traversee.qc.ca/en/>



You want to learn more about what is an Ecomuseum, visit their website.¹⁴

Jam Maker: Wild Blueberry Économusée

The family company Délices du Lac-Saint-Jean, specializing in the transformation of wild blueberries, continues their goal of offering products made from this small fruit symbolic of Saguenay-Lac-Saint-Jean.

Délices du Lac-Saint-Jean

Located at the heart of Saguenay-Lac-Saint-Jean, the family company gives a second life to the authentic emblematic blue fruit. After transforming the pulp, the juice is extracted, thus preserving the organic character of the blueberry. In their shop located at Albanel, the company specializes in the non-industrial transformation of the wild blueberry. The small fruit is being metamorphosed into blue delicacies, chutney, jam, jelly, tea, syrup or butter.

Chocolaterie des Pères Trappistes de Mistassini

Plunge into the universe of the Pères Trappistes and the chocolate shop to discover a splendid site during your visit. Famous for their blueberry wrapped in chocolate!

Épicea

Épicea specializes in creating products with boreal flavors. The production is done at Centre Augustinien (a non-profit organization working with people affected with intellectual disabilities), "Centre de rétablissement et d'intégration en santé mental" (Cristal) who endorses the philosophy of recovery. As you visit the production center, you can walk through Cristal and gain a better understanding of their philosophy. Vinaigrettes: strawberry, mint and white spruce, blueberry and black spruce, garden vegetables and jack pine, maple and scots pine, raspberry, cranberry, leek and balsam fir and pear, and white spruce.

Musée Louis-Hémon

The Musée Louis-Hémon takes you on a visit to Maria-Chapdelaine's country. Go back to the colonial era and follow the steps of Louis Hémon by visiting the Maison Samuel-Bédard inspired by the novel Maria Chapdelaine. Our

Overnight can be at:

Auberge des Battures

It offers an incredible panoramic view over the Baie des Ha!Ha! and a fine gourmet cuisine highlighting local produce. Our Auberge is a first-class hotel for nature lovers who appreciate a stay in superior comfort and exceptional service, no matter if the occasion is a meeting, a vacation or a romantic getaway.

Gîte La Maison du Séminaire

After the Great Fire of 1912, which destroyed part of the city of Chicoutimi, mainly the neighborhood around the Cathedral, there was a great deal of construction activity on the burned or damaged buildings. It is at this time that we develop the rue du Séminaire and we see emerging residential buildings bourgeois; this is called at the time the Rue des Notables. The House of the Seminary is built in 1915 by a family of merchants. She remains in the family until the early eighties. This wealthy house counts, in the '40s or '50s up to seven bedrooms. The family has 10 children and 2 servants. After the sale of the house, the new owners turn the house into a residence for independent seniors.

Canopée-Lit

Live an unusual experience in treehouses and bubbles perched in the forest high above the river. Small cabins with a dome roof to watch the twinkling stars from below. Breakfast delivered to your door. Kitchen and private bathroom. Chemical toilet. Electricity. Bedding and towels included. Double bed, table, and bench. The mattress on the floor for kids. Heating. A domain covering 24 ha with a boreal forest interpretation trail.

Tonight, you can enjoy one of the famous shows in Québec (no need to understand French)

Fabuleuse Histoire d'un Royaume

It has been for 30 years an exquisite and legendary live performance guaranteed to please all senses. In front of 150 volunteer actors, a breathtaking sight and sound infused environment, a never before seen theatrical lineup with horses, burning flames, flooding, cannon shots, live animals... The audience bears witness to the birth and development of Saguenay-Lac-Saint-Jean's history.

Places to eat:

Chocolat and cabane à Lulu

For over forty years, Chocolat Lulu has been manufacturing premium chocolate products that include: in season, the famous fresh chocolate-covered blueberry, marshmallow products, fine chocolates, and specific products depending on the occasion. Our highly successful dairy bars are renowned for our ice cream dipped in real chocolate.

Auberge Villa Pachon Restaurant

From Carcassonne, the master of the cassoulet, chef Pachon, infuses his personal style to this traditional meal in the region. At the Sir William-Price dining room, he offers a menu that ingeniously combines French and Québec cuisine. Attention to detail, food freshness, blends of herbs and spices are all part of his signature style.

entertaining activities will be sure to please visitors of all ages! An adventure for the entire family awaits at the Musée Louis-Hémon.

Miel des Ruisseaux beekeeper Économusée

Come and live a fun and informative adventure at the beekeeping workshop museum. Specializing in honey and mead production, the Miel des ruisseaux will take you on an adventure into the exceptional world of bees. The guided tour includes a visit at the honey house, product tasting, and bee watching. Behind a bay window, the whole family will be fascinated by the works in the beehive.

Le Vieux Moulin

The Vieux Moulin in the heart of the village offers an exceptional view alongside the church from the panoramic promenade and where two rivers meet, the Petite Péribonka and the Noire. This watermill played a key role in the municipality's development. It's an example characteristic of the region colonization.

L'Odyssée des Bâtisseurs

Discover how water powered the development of the region through the many activities offered by L'Odyssée des Bâtisseurs. Thanks to our indoor and outdoor activities, you will learn how water was a key factor in the growth of our region and its progression towards major industrial development. Our theme starts with the construction of the Isle Maligne hydroelectric complex — a colossal construction site built between 1923 and 1926 — which transformed the region and its inhabitants. Discover the extraordinary efforts of our "empire-builders" as you visit our displays and participate in workshops, animated performances, and follow a pedestrian path adorned with old ruins and reconstructed vestiges.

DAY 9 SAGUENAY

Today, you will spend the day in the area of Saguenay, and you can visit or do:

Croisières du Fjord

For more than 40 years, Croisières du Fjord has been offering excursion-cruises to visitors for discovering the majestic Saguenay Fjord. Admire unique landscapes accessible only by boat. About 15 departures per day are offered from our different boarding points. You can also travel from cities to villages, embarking and disembarking as you please throughout the day or during a several days period, with the unique fjord shuttle offered by Croisières du Fjord.

Centre d'histoire Sir-William Price

Live the story of Kénogami, once named the "Queen of Paper". A voyage that will introduce you to the cornerstones and evolution of a company town entirely created by Sir William Price.

¹⁴ <http://www.economusees.com/en/>



La Pulperie de Chicoutimi

Discover the industrial cathedrals dating back to the last century, which shelter La Pulperie de Chicoutimi - Musée régional du Saguenay-Lac-Saint-Jean and its impressive collection of over 26,000 ancient artifacts and works of art. Explore traveling exhibitions from worldwide museums, including the ones designed and created by the team at La Pulperie. You can also walk around at your leisure on our hiking trails and interpretation circuit amidst an immense and completely renewed park.

Le Musée de la Petite Maison Blanche

Come inside and see with your own eyes the century-old Petite Maison Blanche, the renowned little white house that withstood a volume of water equivalent to Niagara Falls over many days. Visit the exhibition on the Saguenay flood that caused over one billion dollars in damages.

La Pyramide des Ha! Ha!

Build by a group of residents deeply affected by the 1996 flood, the Pyramide des Ha! Ha! is covered with 3,000 "Yield" road signs attached to aluminum structures. It offers a spectacular view of Baie des Ha! Ha! from 21 m (68 ft) above ground.

Musée du Fjord

Located on shores of Baie des Ha! Ha!, the Musée du Fjord opens a gateway to the marine world of the Saguenay Fjord. It's both a laboratory and a place for learning and amazement, where science and history exist in harmony. Through the glass walls of the aquarium where partholes of the technological vessel, provides an intimate view of the creatures found in the Saguenay Fjord.

Tourverre fine stone cutting and glass blowing Économusée

The glass sculptor, Giuseppe Benedetto, beautifies glass and stone characteristics. Witness the different steps in making unique and original works of art. Participate in certain stages of glassblowing and make your own carvings from precious stones.

DAY 10 SAGUENAY / CHARLEVOIX - 238 KM | ± 3 H

After your breakfast at the hotel, time to depart for the Charlevoix¹⁵ region.

TAKE ROUTE #170 ALONG THE SAGUENAY RIVER

En route, you may stop at:

Nativity Scene Exhibition – Rivière-Éternité

The Exposition Internationale de crèches (Nativity scene exhibition) shows around 250 Nativity scenes and many Nativity paintings. The exhibition pays tribute to artists from Québec and other regions.

Covered Bridge – L'Anse-Saint-Jean

Built in 1929, the bridge is 37,3 m (122 ft) long, 5,71 m (6.25 ft) wide and 4,5 m (15 ft) long. It was represented on the Canadian 10\$ bill from 1954 to 1992.

Parc national du Fjord-du-Saguenay – Rivière-Éternité

A historical statue erected in 1881. A hiking trail of 3.5 km (2.5 mi) to access the site.

Pâtisserie Louise – L'Anse-Saint-Jean

You want to buy fresh tourtières, pies, bread, cakes all handmade, without preservatives!

Afraid of traveling in small villages, you can find the information on Villages-Relais¹⁶ is a municipality recognizes by the Québec Ministry of Transport which offers, through local businesses, a variety of services as well as a pleasant and safe stopping place.

CONTINUATION ON ROUTE #170, THEN TAKE ROUTE #138 WEST

For tonight, we recommend staying at La Malbaie or Baie-Saint-Paul.

La Malbaie

Fairmont Manoir Richelieu,

To cater to growing popularity, the original Le Manoir Richelieu hotel was built in 1899 and featured 405 luxurious rooms atop the cliff of Pointe-au-Pic, overlooking the majestic St. Lawrence River in the heart of Charlevoix. Le Manoir Richelieu became a noted destination for visitors from Canada and the U.S. The hotel also features a 27-hole championship golf course that boasts a history of its own.

Auberge des 3 Canards,

Vacation center offering 48 air-conditioned rooms with a private balcony and an unrestricted view on the St. Lawrence River. Our dining room welcomes up to 125 people, features a distinctive cuisine that will seduce your taste buds and a professional team promises the warmest welcome. Many activities and services are available in summer as in winter.

Auberge des Peupliers,

This charming inn awaits you in the village of Cap-à-l'Égale, Charlevoix. Enjoy its relaxing atmosphere and comfortable rooms

Auberge & Spa des Falaises,

Overlooking the St. Lawrence River in La Malbaie, nearby the casino, our inn offers comfortable rooms, with a river view and most with a sitting area, fireplace, whirlpool bath, and private balcony. Combined with our renowned local cuisine, swimming pool, and hot tubs, your stay will be a feast for both the eyes and palate! Looking for a great place to enjoy the area? We are perfectly located in the heart of Charlevoix.

Baie-Saint-Paul

La Ferme,

Le Germain Charlevoix Hotel & Spa, a charming country hotel with an undeniably urban feel, formerly known as Hotel La Ferme, is now a part of the greater Le Germain family of hotels. Honored with Top Design in the World at the 2013 Retail & Leisure Interior Awards, we have created an inviting world defined by cozy comfort, streamlined design, and trendy yet sophisticated furnishings.

¹⁵ <https://www.tourisme-charlevoix.com/en/>

¹⁶ <https://www.villages-relais.qc.ca/en>



L'Estampilles

L'Estampilles finds its inspiration in the pleasure of the senses. 11 comfortable bedrooms, a restaurant highlighting the local products, a lounge and a bar for a drink, and for the ultimate experience a sauna and an outdoor spa open all year round. Numerous painters have been inspired by the landscape made up of mountains, valleys, and cliffs on the border of the Saint Lawrence's river.

MAISON OTIS

The Maison Otis inn is set in the heart of Baie-Saint-Paul, walking distance from countless art galleries, restaurants, and boutiques. The stone building, built circa 1840, is also within a stone's throw of many cultural activities.

For dinner, we recommend the restaurant at your respective hotel or auberge.

Les Labours Restaurant, (La Ferme)

Discover a vast kitchen, open on all four sides, where the chef and his team create fresh, seasonal plates before your very eyes.

Le Bercail Restaurant, (La Ferme)

It's the perfect place for an afternoon snack, or to discuss the big issues with friends, while sipping drinks around the fireplace. The formula is simple: cozy armchairs by the fire, counters, and stools, and a simplified menu.

Le Charlevoix, (Manoir Richelieu)

With its innovative cuisine, showcases a high-quality local menu.

Le Table et Terroir, (Manoir Richelieu)

Offers the same type of gastronomy but in a more casual setting.

Le Saint-Laurent features, (Manoir Richelieu)

An extensive buffet overflowing with flavor.

During the evening, you can enjoy a nice walk in the city of Baie Saint-Paul

Baie-Saint-Paul is among Québec's oldest municipalities, as the typical Québec architecture of its numerous bicentennial homes attests to. Nicknamed, the "artists' paradise", it boasts one of the highest concentrations of art galleries and art crafts boutiques in Canada. There is no better way to discover this small municipality nestled in a valley than strolling its sometimes-narrow streets and its charming terraces and friendly cafés. From the quay, one may go sea kayaking or do many family activities; there are a beach and a small wooded area where a bird-watching trail has been laid out. Finally, in contrast to the surrounding peaks, the valley is ideal for a cycle ride. Baie-Saint-Paul was awarded four flowerets from Les Fleurons du Québec's program that recognizes the horticultural embellishment of municipalities.

Or at the Manoir Richelieu, you can go and play at the Casino!

From the slot machines to the card tables, the Casino de Charlevoix is the ideal setting to test your luck. Looking to experience the nightlife of Charlevoix? Le Bar du Casino is the perfect location to enjoy local bands and delicious cocktails for your Friday or Saturday night.

DAY 11 CHARLEVOIX

Renowned for its hospitality and landscapes that have enchanted painters, poets, writers, and musicians, the Charlevoix region is where nature and culture exist in perfect harmony. Charlevoix¹⁷ has a long tradition of hospitality. La Malbaie became the first resort in 1800. Other lodgings gradually sprung up and at the beginning of the XXth century, the region became so popular that a 250-room hotel was built in the Pointe-au-Pic sector of La Malbaie, Le Manoir Richelieu. Visitors arrived in La Malbaie aboard luxurious floating palaces. It was the era of the great white ships. Over the years, a network of friendly and romantic lodgings where gastronomy and regional cuisine are first was developed.

This morning, after a good breakfast at your hotel, you will start with some experiences in the region of Charlevoix. Depending on where you are staying, your morning will be dedicated to one activity closed to your hotel and in the afternoon, you will be able to drive to do the second activity:

BAIE SAINT-PAUL TO LA MALBAIE – 49 KM | ± 30 MIN.

Héli Charlevoix (Baie-Saint-Paul)

The excursion to discover the biggest historical attraction of Charlevoix which fascinates the whole world. In collaboration with the Observatoire de l'Astrolème de Charlevoix, Héli-Charlevoix offers a new excursion of 65 km (40 mi) to introduce of enthusiast's natural phenomena to the crater of Charlevoix and his history. This phenomenal celestial event, the collision of a gigantic meteorite with our planet 360 million years ago, fascinates the whole world. Despite a long erosion episode, the shape of the impact that formed the crater was very well preserved in today's Charlevoix landscape. At the center of the crater, midway between Baie-Saint-Paul and Malbaie, culminates the Mount Éboulements, a major attraction to fly over. This central formation is the result of the tremendous raising of the crater floor.

Croisières AML (La Malbaie)

Wildlife adventure aboard one of our zodiacs! An experience for fans of intense emotions; Certified naturalist captain; Intimate and unique encounter with the whales; End this cruise with an incursion into the majestic Saguenay Fjord; Naturalist-captain aboard our 24 passengers' zodiacs; Captain and Naturalist guide aboard our 60 passenger's zodiacs.

Lunch might be served at (Baie-Saint-Paul):

L'Estampilles

With over 15 years of experience as a Chef in Michelin star restaurants, you will soon find out how passionate Régis is about his cooking.

Restaurant-Bistro La Muse

The Bistro la Muse is part of la Route des Saveurs, you will be able to taste dishes made with local products.

Lunch might be served at (La Malbaie):

Auberge des Peupliers

Culinary specialty: gastronomy, regional products, and table d'hôte.

Chez Truchon

Chef Dominic Truchon and his team prepare fresh and local cuisine with care and pride. We have a very close relationship with our local producers, you will be sure to taste our unique terroir in every bite!

L'Orchidée

Our restaurant entices you with its famous prime rib of beef, the star of our menu. We also feature tender cuts of beef, seafood, fish and many other dishes sure to please even the most demanding palates.

¹⁷ <https://www.tourisme-charlevoix.com/en/>



In the afternoon, you can do the other activity that you missed in the morning. But keep in mind, Charlevoix as more to offer, and here some options for you:

EVENING:

Maison du Bootlegger

Visitors will be amazed by this colorful house bristling with hidden doors, concealed bars, and secret passages – all linked by a narrow corridor that forms an astonishing maze. During the day we offer a guided tour with lunch service and bar service. At night the place transforms itself into an unforgettable evening consisting of a guided tour, dinner and live "Rock & Roll" with Joey Tardif and The Bootlegger House Band.

DAY:

Isle-aux-Coudres

A lovely car ride, the road surrounding the island is about 23 km (14 mi). Texts recounting the island's various natural and cultural aspects are set along the road. An audio-guide may be obtained from various addresses on the island to discover its sites according to one's pace and interests. Along the way, one notices two chapels built in the 19th century. You may tour the island by bike, a circuit of 26 km (16 mi) allowing you to discover the maritime heritage and the historical wealth of the island. Do not miss a visit to the old mills, the cider-making facility.

Astrobleme

350 million years ago, 2 km asteroid weighing 15 billion tons hit Charlevoix's territory at a speed of 60 000 km/hr. The impact affected the earth crust which was instantaneously vaporized by heat superior to 3 000° Celsius. The event shaped a landscape full of poetic beauty as the mount Les Éboulements attest to. With its 55 km diameter, the Charlevoix Crater ranks among the 10 largest in the world.

Laiterie Charlevoix

This dairy has produced cheese since 1948. It became a cheese ECONOMUSEUM® in 1998 and now visitors can discover the many different stages of the cheese-making process. Interpretation center, antique equipment, tastings are available.

[Do you like cheese? You can get some information Terroir & Saveurs – Cheese Route's¹⁸ website](#)

Papeterie Saint-Gilles

THE ARTISANS OF THE PAPERIE SAINT-GILLES MAKE A FINE COTTON PAPER INLAID WITH LEAVES OF FLOWERS OF THE REGION. ITS STUDIO, UNIQUE IN QUÉBEC, AND ITS BOUTIQUE BECAME THE COUNTRY'S FIRST ECONOMUSEUM®. THE PAPERIE SAINT-GILLES OFFERS MANY SERIGRAPHS FROM QUÉBEC MASTERS: RIOPELLE, LE SAUTEUR, RENÉ RICHARD, FRÉDÉRIC BACK, ETC.

concerts given by prestigious soloists and jazz icons, let the big bands magic seduce you, join in the dance while discovering inspiring choreographies, move to the rhythm of young artists and take the time to savor the summer during the sparkling musical brunches.

Les Santons de Charlevoix

Les Santons de Charlevoix boutique offers small handmade and hand-painted clay figurines representing the nativity and traditional crafts. The buildings are Charlevoix inspired.

Domaine Le Pic Bois

Black bear observation from a mirador, in complete safety and protected from the weather. Observe and take photos of this impressive mammal within under 20 m (66 ft), appreciating its power, skill, ingenuity, and dexterity to the fullest, in its natural habitat. For 4 hours, your guide helps you discover this mythical animal. Also offered: Beaver observation from under 2 m (7 ft).

Musée maritime de Charlevoix

Anchored between river and mountain, located in the old Saint-Joseph-de-la-Rive shipyard, the museum recounts Charlevoix's rich maritime history. Find out all about the Saint Lawrence schooners through a brand-new exhibit. Explore this exceptional site alongside the river, with numerous stopovers at thematic buildings. Board the Félicia, a 1923 tugboat, and the schooners, Jean-Yvan and Saint-André.

Observatoire de l'Astrobleme de Charlevoix

It is the only interpretation center of the region's famous meteorite origin. An expert guide will take you through an interactive visit strewn with spectacular samples of Charlevoix impactites. On display also, meteorites that you will be able to take into your hands! A must-live experience to better understand Charlevoix's genesis.

Le Domaine Forget de Charlevoix

Located in Saint-Irénée, between sea and mountains, the Domaine Forget combines music, sculpture, and nature. With its music and dance Academy, its international Festival and its various programming, the institution have distinguished itself in the fields of training and broadcasting. The Jardin harmonique de sculptures (harmonic garden of sculptures), a strolling promenade featuring more than 25 works, round up the activities. During the summer, attend

Émeu Charlevoix

Experience Australia in the heart of Charlevoix! With more than 400 emus of all ages, the tour will amaze you. You can tour around the farm and the outdoor enclosures. Don't miss your chance to see the incubation room and chicks, feed the emus, have your picture taken, and sample this wonderful meat that is yet unknown in Québec.

OTHER ACTIVITIES:

Horseback riding, golfing, kayaking, canoeing, hiking, fishing, and hunting, bicycling.

DAY 12 CHARLEVOIX

Day at leisure, to finish exploring Charlevoix.

DAY 13 CHARLEVOIX / LAC MOREAU OUTFITTER- 79 KM | 1H15

This morning, after a good breakfast at your hotel, and check-out, you will go for a full day of adventure! You will start your day in Baie-Saint-Paul.

TAKE ROUTE #381 NORTH FROM THE ROUTE #138 EAST. UPON EXITING THE VILLAGE OF SAINT-URBAIN, THE ROUTE IS MARKED WITH GREEN SIGNS LEADING TO THE 55-KM MARK TOWARDS THE POURVOIRIE. AT THE 55-KM MARK, CONTINUE RIGHT FOR 14 KM (AT THE BOTTOM OF THE SLOPE IS A PLACARD FOR THE POURVOIRIE DU LAC-MOREAU/AUBERGE DU RAVAGE, WITH THE ENTIRE LENGTH OF THIS FOREST ROAD MARKED OFF IN KM).

¹⁸ http://www.terroirsaveurs.com/en/carte_circuit.asp?langue=ang&circuit_no=23®ion=0®ion2=0



Arrival at:

Pourvoirie du Lac Moreau

The Pourvoirie du Lac-Moreau is, of course, a "natural" choice for its wilderness setting and magnificent scenery... but our gourmet dining is another highly sought out feature: generous, hearty cuisine, inspired by these unique surroundings. Pure bliss for the taste buds, wonderfully paired with wines from the rich selection housed in our cellar!

ACTIVITIES AVAILABLE, DEPENDING ON THE TIME OF THE YEAR:

Wildlife Watching

Retracing the trappers' footsteps (year-round) Retracing the trappers' footsteps (year-round). Trapping in North America was an important means of livelihood and trade in the past, especially for the Natives and the first European settlers. Relive the adventure of yesteryear as you accompany a trapper along a trapline. You will learn about various techniques used centuries ago and improve your understanding of wild animals' habits. Black bear (late May to mid-October) - Moose (August to October - optimal in September) - Ornithology (May to Thanksgiving) - Mycology (late August, early September).

Fishing

The Pourvoirie proudly operates one of the only facilities offering a fully indigenous fishing resource. None of our 32 lakes is contaminated by undesirable fish species – so you'll enjoy exceptional-quality fishing, with exquisite-tasting trout of all sizes!

Hiking

More than 40 km (25 mi) of built trails

At night, you will enjoy an exquisite culinary experience.

DAY 14 LAC MOREAU OUTFITTER

Day at leisure for more activities.

DAY 15 LAC MOREAU OUTFITTER / QUÉBEC CITY - 114 KM | 1H30

Breakfast at your hotel. Departure for the capital of the Province of Québec; Québec City¹⁹.

Take ROUTE #381 South to Baie-Saint-Paul, then take ROUTE #138 West to Québec City.

En route, you will be able to visit:

Canyon Sainte-Anne

Canyon Sainte-Anne is a spectacular, steep-sided gorge, carved by the Sainte-Anne-du-Nord River, 6 km (4 mi) east of Beauport, Québec, Canada. The river drops over a 74 m (243 ft) waterfall within the canyon.

Sainte-Anne-de-Beauport Shrine

The Shrine of Sainte-Anne-de-Beauport, located only 20 minutes from Québec City, welcomes almost a million visitors annually. For over 350 years, people of all ages have been gathering at this Shrine dedicated to Saint Anne, the grandmother of Jesus. Through the beauty of numerous artistic masterpieces, discover the extraordinary history of Saint Anne and the important role she played in the faith of our people.

Atelier Paré – Economuseum of Woodcarving

Wooden and fiberglass sculptures are on display at this ÉCONOMUSÉE®. Our artists seek to give voice to each block of wood so that it may tell the tale it keeps near to its heart; every painted wooden sculpture represents such a tale.

Albert Gilles Copper Art Studio and Museum

The art of metal "Repoussé" (embossing), is slowly disappearing, even in Europe where the fine arts traditions are still vivid. These facts enhance the uniqueness of the exposition we present to the public. To create artistic and useful objects from a material considered as one of the natural resources of Canada gives it symbolic meaning.

Parc de la Chute-Montmorency

Parc de la Chute-Montmorency is a few minutes from Québec City. Located between the river and the cliffs, it's one of the province's most spectacular sites. With its 83 m (272 ft) high (30 m (99 ft) higher than Niagara Falls), Montmorency Falls dominates the landscape. It can be discovered on foot, by cable car, or from the gourmet restaurant. It's an ideal setting for a stroll after a business meeting or a reception. For the more active, a 300-meters (985 ft) zip line, and the via ferrata, a hiking trail on a cliff, promises some adrenaline and breathtaking views.

Arrival in Québec City, we recommend staying at:

Monastère des Augustines

Le Monastère des Augustines offers two types of rooms in its restored former cloister. Enjoy an environment of comfort and simplicity and banish the world's cares.

Manoir Victoria

Located in the heart of the Old Québec.

Fairmont Château Frontenac

For more than a century, Fairmont Le Château Frontenac luxury hotel in Québec City has been the true-life castle of many people's dreams. Everyone from the young to the old, music to film stars, sports personalities to political figures, enjoys discovering this unique Québec City luxury resort and delights in returning again and again.

Le Germain

At Le Germain Hotel Québec, you'll stay in a century-old building in Québec City's Old Port. Once named Germain-Dominion, it retains all the cachet and contagious charm of this grand era.

L'Auberge Saint-Pierre

A stay at Le Saint-Pierre, Auberge Distinctive places you in the heart of Québec, steps from Museum of Civilization and Place Royale. This family-friendly hotel is within close proximity of Québec Cruise Terminal and Seminary of Québec.

Hotel 71

Situated in the heart of the city, Hotel 71 Québec City provides easy access to Québec City's popular shopping and sightseeing areas. It also offers free bicycle rental.

L'Auberge Saint-Antoine

A stay at Auberge Saint-Antoine by Relais & Châteaux places you in the heart of Québec, steps from Museum of Civilization and Place Royale. This 4.5-star hotel is within close proximity of Québec Cruise Terminal and Seminary of Québec.

Le Château Laurier

Hotel Chateau Laurier Québec is in the heart of Grande Allée, walking distance from Battlefields Park and Parliament Building. This eco-friendly hotel is close to Citadelle of Québec and Place Royale.

¹⁹ <https://www.quebecregion.com/en/>



Dinner in one of the restaurants in Québec City. There are so many, it would be impossible to name all of them, but we recommend:

L'Échaudé

Since more than 30 years, restaurant l'Échaudé offers the best of French bistro cuisine with only the most beautiful and fresh local produces.

Laurie-Raphaël

Laurie Raphaël enters a new gastronomic era. A chic restaurant, an intimate universe where the customer is at the center of the experience. The gastronomic, scalable and authentic menu is a hymn to the beauty of the products from our land and its artisans. The menu created by our chefs Daniel Vézina and Raphaël Vézina is presented to you with 5 themes, each representing their culinary philosophy.

Café du Monde

The Parisian-style bistro quickly draws Québec's intelligentsia with a renowned place's festive and unbridled atmosphere! Now firmly established at the Cruise Terminal, with a hearty serving of the majestic Saint Lawrence River, that Le Café du Monde continues to delight its patrons.

Le Saint-Amour

The Saint-Amour is an icon of Québec gastronomy. Allying tradition and innovation, the professional kitchen team utilizes the most recent techniques to honor the best products from our local producers. Le Saint-Amour was recently rated in the top ten of Canadian traveler's favorite fine dining restaurants. (Traveller's choice 2014, 2015 and 2016) and offers one of the best wine lists in the country. Over the years many celebrities such as Sir Paul McCartney, Sting, Alicia Keys, One Republic, The Black Keys, Johnny Halliday, Charles Aznavour and many other have chosen Le Saint Amour is their dining destination whilst in Québec city.

Aux Anciens Canadiens

The historic Maison Jacquet, one of the largest houses in upper town in its day and the oldest in Québec, was built in 1675-76. The site was granted to François Jacquet on November 30, 1674, by the nuns of the neighboring Ursuline Convent. Its thick walls, solid joints, marvelous wainscoting, and recessed cupboards are characteristic of the houses constructed during that period. The premises consist of two buildings, that on the westernmost side being the newest, and that on the east dating back to the French Regime. Several prominent figures have resided in Maison Jacquet, including the author of the novel "Les Anciens Canadiens", Philippe-Aubert de Gaspé, who lived here from 1815 to 1824. Though it is contradicted by history, the myth persists that General Montcalm also lived and died in this famous house. Since 1966, the Maison Jacquet has housed the restaurant Aux Anciens Canadiens, internationally known for its fine cuisine and warm hospitality.

Le Parlementaire (right in the Parliament of Québec)

Located in the Parliament Building, Le Parlementaire is a magnificent beaux-arts dining room that offers a menu worthy of the most refined palates.

Légende

A tribute to our ancestors. A return to our roots. A thought on our culinary history, from the first nations to the present day. A place to share a pleasant moment around a meal, in order to discover (or rediscover) our land, our forests, our rivers.

But if you want real crepes – no reservation accepted – always a line-up:

Le Casse-Crêpe

Sweet, sinful or savory, our crepes, homemade style, have a personality at Casse-Crêpe Breton! Come and be inspired by a unique and exquisite gourmet moment... Our crepes know how to impress! You can savor them at the heart of this historical city, in a warm and friendly restaurant where cheerful ambiance will keep you coming back for more!

You want to meet with local people and eat comfort food:

Le Buffet des Antiquaires

All reviews brunch meat pie, strawberry jam, poutine, pea soup, fry's beans, crepes, eggs benedict, meatballs, French toast, tourtière, ham pork, bread. All comfort food home cooking.

Phil Smoked Meat

Best smoke-meat with poutine in the area. Try also their Spruce beer, something unique!

At night, you might enjoy:

A nice walk in the Old Québec, upper and Lower town

JULY

Summer Festival – infofestival.com

Canada's largest outdoor performance event, the Festival features international music superstars along with a top new talent for 11 days.

JULY-AUGUST

Festival d'opéra de Québec – festivaloperaQuebec.com

A major celebration of lyric art for the general public. A series of enjoyable performances for opera aficionados. An excellent opportunity for the non-initiated to discover an impressive musical style.

AUGUST

New France Festival – nouvellefranceqc.ca

Historical entertainment, shows, street performers, fun and fine food. In the heart of Old Québec, experience what life was like in New France during the 17th and 18th century.

Loto-Québec Fireworks – lesgrandsfeux.com

Six extraordinary firework performances on the bank of the St. Lawrence River! Free activity. Each firework display will be broadcast.

First night in the romantic city of Québec!

DAY 16 QUÉBEC CITY

After your breakfast, time to explore the Old City. You have many options:

Tours du Vieux Québec

Hop on hop off all day long!

OPTIONS:

Walking tour, ghost tour, horse-drawn carriage tour, city food tour, step-on-guide, private tour, historic tour and more, but you have to make sure that you visit or see:

Old Québec

Old Québec, a UNESCO World Heritage Site, is considered one of the world's 20 most romantic destinations and is as pleasant to tour on foot as it is in a horse-drawn carriage. The Old City will win you over with its history, culture, flair and European charm. You can go for a stroll along the Dufferin Terrace at the top of Cap Diamant and look out over

the St. Lawrence River stretched out far below. Don't forget to take a picture of the Château Frontenac, the most photographed hotel on the planet!



Fortifications of Québec

No need to go all the way to China to walk on a massive stone wall! The fortifications surrounding Old Québec measure nearly 4.6 km (2.9 mi.) long. Walk along the top of these stone walls to learn about the rich military past of Québec City, the only fortified city north of Mexico, and their role in the defensive system under the French and English Regimes. See the Citadel, Artillery Park, cannons and gun ports: a window on history in a gorgeous setting.

St. Lawrence River / Vieux-Port de Québec

The broad and mighty St. Lawrence River is a major Canadian navigational route, as is evidenced by the thriving maritime shipping trade and an increasing number of cruise ships docking at the Port of Québec. The area boasts a farmer's market, parks, a bike path, and outdoor shows.

Plains of Abraham

The site of several battles between the French and British forces in 1759 and 1760, the Plains of Abraham are one of the world's most prestigious city parks. Created over 100 years ago, it is Canada's first national historic park. Here, recreational activity, culture, and history are celebrated. The many trees and vast green spaces make the Plains of Abraham the lungs of Québec City and the perfect place to have some fun outdoors.

Parliament Hill

The many institutions, sites, and monuments reflect the province's political history. The Parliament Building, the most important historical site in Québec, is an architectural treasure! Take a guided tour of the National Assembly. In front of the Parliament Building stands the beautiful Tourny Fountain, a gift in honor of Québec City's 400th anniversary. Adorned with marine sculptures, the 43-spout fountain is illuminated once it gets dark quite an impressive sight.

Cathedral Holy Trinity

First Anglican cathedral to have been built outside the British Isles. Inaugurated in 1804, this temple stands on grounds previously known as le jardin des Récollets. Nestled in Old Québec, the Cathedral of the Holy Trinity is the Mother Church of the Diocese of Québec City.

Citadelle de Québec

Located atop Cap Diamant, the Citadel also called "the Gibraltar of the Americas," constitutes the eastern flank of Québec City's fortifications. The Citadel's characteristic star-shaped Vauban fortifications represent more than 300 years of history. National Historic Site. Military ceremonies live on at this active garrison. Changing of the Guard in summer. Night tours in the summer and fall.

Musée Royal 22^e Régiment

The Musée Royal 22^e Régiment at the Citadel has accumulated one of the largest military collections in Canada, with artifacts from New France to today.

Residence of the Governor General

Discover a place of exceptional beauty! Located in the heart of the Citadelle of Québec and overlooking the St. Lawrence River, this splendid heritage structure has served as the second official home and workplace of Canada's governor general since 1872.

Morrin Centre

Originally built as a prison many years ago, the Morrin Centre has played many roles since college, library and cultural center. Delve into fascinating stories from the past as you take a guided tour of the foreboding prison cells. Fall under the charm of the Victorian library.

St. Andrew's Presbyterian Church

The first Presbyterians in Québec were the Scottish troops belonging to Wolfe's army, who arrived in 1759.

Musée de l'Amérique francophone

Located on the Séminaire de Québec historical site dating back to 1663, discover the vitality of French-speaking North America, from its rich past and glorious history to its world vision and future.

Clock from Jura

This monumental clock, the only one of its kind built by Richard Mille, is a gift from Switzerland and the Canton of Jura for Québec City's 400th anniversary. The clock, which is impressively large yet more accurate than a quartz watch, is a true masterpiece of the clockmaker's art. It took more than 6 years of work and expertise from some hundred specialists in 28 trades to design and manufacture the clock.

Notre-Dame de Québec Basilica-Cathedral

Built in 1647 under the French Regime, this cathedral has since been expanded, bombarded, burnt to the ground, rebuilt in 1925 according to the original plans, and designated as a national historic site of Canada for its architectural value. The parish also manages another national historic site: Notre-Dame-des-Victoires Church. Holy Door - Inaugurated in 2013 during the celebrations marking the 350th anniversary of the first Catholic parish in North America, the Holy Door is the only one of its kind outside Europe.

Rue Saint-Jean

Given the number of trendy cafés, restaurants, bars, and shops along this street, it should come as no surprise that rue Saint-Jean is very popular with residents and tourists alike. From the top of the Saint-Jean Gate, one of Québec City's most recognizable landmarks, you have a great view of rue Saint-Jean.

Rue du Trésor

During the French Regime, settlers would come to the Royal Treasury Office located on this street to pay their taxes. A different kind of treasure can now be found on this street, now a bustling open-air art gallery. Works of art of the highest caliber are sold here year-round (watercolors, etchings, original paintings, reproductions, etc.).

Rue Saint-Paul

Street for all antique shops in the city.

Funiculaire du Vieux-Québec

Admire the view of the St. Lawrence River as you travel from Upper to Lower Town at a 45-degree angle along the cliff face in a funicular (a sort of incline elevator). The funicular, which is one of the oldest businesses in the region, is operating since 1879. This is one of the only funiculars on the continent.

Breakneck Staircase

This outdoor staircase, the oldest in Québec City, dates back to sometime before 1635, a few years prior to the death of Samuel de Champlain, the city's founder. In 1895, the old wooden staircase was replaced by one made of steel. The current staircase was erected in 1968.

Quartier Petit Champlain

In 1608, this area was a small portside village comprising fur trading posts. Over the years, its fortunes waxed and waned. Now entirely restored, Quartier Petit-Champlain boasts narrow cobblestone streets that are lined with shops and bistros bustling year-round. Admire this fresco which illustrates the lives of the residents of the Cap-Blanc district, as well as the bombardments, landslides and other major events that occurred here.

Québec City - Lévis ferry

For the small cost of a ferry ticket, passengers can enjoy a splendid view of the city. In the evening, the rocky cliff face of Cap Diamant is brightly illuminated from the Citadel to the Dufferin Terrace.

Notre-Dame-des-Victoires Church

One of the oldest churches in North America, it was built atop the ruins of Champlain's first outpost. The church was rebuilt in 1763 after being heavily bombed. In 1855, it became a diocesan Marian shrine. The interior décor includes many votive offerings and bears witness to Québécois' faith and history. The church continues the tradition of blessing and handing out buns on the feast day of St. Genevieve.

Mural of Québécois

Admire this fresco in trompe-l'oeil style depicting 400 years of Québec City history. An interpretation panel identifies the 15 historical figures represented in the mural, including Félix Leclerc, Jacques Cartier, and Marie Guyart.

Musée de la civilisation

The most popular museum in Québec City. A visitor-oriented museum with a participatory and interactive approach for stimulating wonderment and encouraging discovery. Magnificent exhibits of international caliber about Québec culture and history.

Québec Old Port Market (Public Market)

This market is where local artisans and farmers come to sell their wares or fresh produce.

Gare du Palais

Gare du Palais, train station and bus terminal, which could easily be mistaken for a French Renaissance castle. Inaugurated in 1916, it is considered one of Canada's heritage train stations. Across from Gare du Palais is the Place de la Gare, with an interesting fountain by Charles Daudelin celebrating the power of water.

Épicerie JA Moisan

The oldest grocery store in North America (1871). Its décor is reminiscent of a 19th-century general store.

Grande-Allée

The road that never sleeps! There is always a crowd here at any time of the day or night, be it families out for a walk or partygoers going bar hopping. A number of restaurants, bars and buildings with impressive architecture are located on this street. Also known as the Québec Champs Élysées, at one time Grande Allée was the most fashionable street in town. It is lined with buildings of diverse architectural styles, typical of Victorian times.

Musée national des beaux-arts du Québec

An unforgettable rendezvous with the works of Québec's greatest artists, including Jean-Paul Riopelle, Jean-Paul Lemieux, and Alfred Pellon. The Musée also presents exhibitions showcasing Canadian art, international art and an exceptional exhibition of Inuit art.

At night, you can always do a cruise on the St. Lawrence River or just take the ferry to Lévis, to have the nicest view of Québec City.

DAY 17 QUÉBEC CITY

Today, we are going outside of Québec City. Our first stop will be at:



Île d'Orléans

Complete tour: approximately 67 km (42 mi). Île-d'Orléans Heritage Site The historical borough of Île-d'Orléans encompasses the entire island, which is approximately 34 km (20.5 mi.) by 8 km (4.5 mi.). Eighteen of the roughly 3,600 buildings on the island are designated historical monuments. Long referred to as "Québec City's vegetable garden", Île d'Orléans, with its abundance of first-rate food products, is the perfect agritourist destination.

During your tour, you can stop at different places to try some local products:

Les Fromages de l'Île d'Orléans

Try the first type of cheese made on the continent, but now only made on Île d'Orléans. Prepared with a recipe brought by early New France settlers.

Domaine Steinbach Cidrerie

Ice cider, pâtés, terrines, and duck confit are all part of the Domaine culinary experience. This agritourism site has a multimedia interpretation center and a bistro with a terrace overlooking the St. Lawrence River.

Cassis Monna & filles

The blackcurrants grown at Cassis Monna & filles are used to make this ÉCONOMUSÉE's internationally renowned liqueurs, crème de cassis, and port. Tastings are held in the vaulted wine cellar.

Chocolaterie de l'Île d'Orléans

A wide selection of chocolates: truffles, cherries, praline, maple butter, etc. In summer, homemade ice cream and sherbet.

OPTIONS:

Many vineyards, sugar shacks, and pick-up your own vegetables or fruits are available on the island.

After your exploration of the island, you can go to:

Wendake

Even though the Hurons settled in l'Ancienne-Lorette in 1673, they were made to leave this area in 1697 following the arrival of the first settlers. They would then go on to occupy six different sites before permanently settling in the village of Lorette, now called Wendake. The Hurons-Wendats have become what they are today from the construction of houses and development of crafts, that is an established nation, proud of its roots and culture. The Huron population native of Wendake counts approximately 3,000 persons, among whom more than 1,200 live on the territory that covers approximately one hundred hectares.

And visit:

Site traditional Huron Onhohia Chetek&e

Have a guided tour of a recreated traditional Huron village site. Huron dances, tales, and legends. Restaurant (Huron cuisine). Boutique (Indian and Inuit handicraft).

Hôtel-Musée Premières Nations

A boutique hotel where one can view and purchase original Wendake crafts and aboriginal creations such as beaver skin cushions, ceremonial pipe, and furs of all types. A contemporary design uniting such natural materials as stone, leather, and wood and forming a remarkable architectural grouping. You can spend the night in the Longhouse - was the Hurons-Wendat traditional home during the European pre-contact period. It is a symbol of family, of hospitality and of the legendary welcome of these people.

You can also try the restaurant:

La Traite

A unique experience where your 5 senses will be charmed by your gastronomic discovery.

Time at leisure in Québec City.

IF YOU HAVE TIME, YOU CAN EXPLORE ROUTE 138 – KING'S ROAD²⁰

This route runs through the Lanoulière, Mauricie and Québec City tourist regions. Open to traffic in 1737, it was one of North America's first major thoroughfares. Today, you can't help but be charmed by the picturesque villages and their ancestral homes that have survived three centuries of history. Set along the shores of the majestic St. Lawrence River, and offering breathtaking panoramic viewpoints, it is part of the Route Verte and can be cycled in safety. Route length: 260 km (160 mi)

Parc du Bois-de-Coulonge

The property, once known as Spencer Wood, became a showcase for horticulture in North America. For nearly 20 years, the Governors-General of United Canada lived on the property, which was purchased by the Québec government in 1870 and served as the residence of Québec Lieutenant Governors until 1966. Bois-de-Coulonge is remarkable on account of its proximity to the St. Lawrence, the beauty of its gardens and its historical cachet.

The promenade Samuel-De Champlain is a large park extending nearly 2.5 km (1.5 miles) along the St. Lawrence River, from the Cagaux Wharf to the Sillery coast. A gift from the government of Québec to the city for its 400th anniversary, this park provides a renewed perspective of the riverbank. A contemporary art park, observation tower, thematic gardens, interpretation panels and a guided tour for groups

Aquarium de Québec

Our collection includes nearly 10,000 specimens representing 300 species of mammals, indigenous and exotic fish, invertebrates, amphibians, and reptiles. See marine mammals, such as polar bears, walrus and several seal species, frolic in the outdoor park.

Domaine Cataract

This 9.7-hectare estate comprising a villa and nine outbuildings with stunning architecture is one of the few remaining sites to bear witness to the vitality of the English community in Québec City in the 19th century.

Promenade Samuel-De-Champlain

Pont de Québec and Pont Pierre-Laporte (bridges)

Proclaimed a national historic site by the Minister of Canadian Heritage and an international historic monument of civil engineering by the Canadian Society for Civil Engineering and the American Society of Civil Engineers. Pont de Québec has a suspended span of 549 m (1 802 ft) in length between the two main pillars. This is why it is considered the longest cantilever bridge in the world. During construction, its central span collapsed twice (1907 and 1916). After years of construction, the bridge was finally opened to railway traffic in 1917. It was not until 1929 that motorists began to use it. The bridge is now illuminated at night. Right beside it stands Pierre-Laporte bridge, the longest suspension bridge in Canada, built in four years. It has been open to automobile traffic since 1970. Its floor is attached to two cables measuring 60 cm (23.6 in) in diameter. They are made up of more than 12,500 steel wires which, placed end to end, would circle three-quarters of the globe.

DAY 18 QUÉBEC CITY / EASTERN TOWNSHIPS - 226KM | ± 3H

Breakfast at your hotel.

TAKE THE BRIDGES IN QUÉBEC AND CONTINUE ON HIGHWAY #73 SOUTH TO SAINT-GEORGES

²⁰ <https://www.lecheminduroy.com/>



This will bring to the Chaudière-Appalaches²¹ region.

Chaudière-Appalaches is full of beautiful villages. Lotbinière, Saint-Antoine-de-Tilly, Saint-Michel, Saint-Vallier, and L'Islet are all members of the Most Beautiful Villages of Québec Association²². Continue your trip and get inspired in Saint-Jean-Port-Joli, the capital of wood carving and one of the prides of Québec tourism. Stretching along the St. Lawrence River for over 200 km (125 mi), the Chaudière-Appalaches region is a veritable garden facing Québec City. The Chaudière-Appalaches region gets its name from the Chaudière river that meanders throughout the Beauce region before flowing into the St. Lawrence River at Lévis. To the south of the region, bordering on the state of Maine, the summits of the Appalachians dot the tourist regions of Lotbinière, Thetford Region, Beauce, Etchemins, Bellechasse, Montmagny and the islands and Côte-du-Sud regions.

En route, you can stop and have a look at:

Parc des Chutes-de-la-Chaudière

Visit Chutes-de-la-Chaudière Park where you can envision the 35 m (115 ft) high falls from a suspension bridge hanging 23 m (75 ft) above the river. Take the time during your visit to enjoy a hike along the 4.5 km (2.8 mi) of walking trails, picnic with the family.

TAKE EXIT #81 TO ROUTE #112 WEST AND THEN ROUTE #267 TO SHERBROOKE

En route, you can visit:

Héritage Kinnear's Mills

Discover the history of the Hautes-Appalaches townships, a territory settled by the English, Irish and Scots, who brought along their customs, know-how, music, and way of life.

Musée minéralogique et minier de Thetford Mines

Their mandate is to establish, preserve, and present collections that represent the subsurface of the Appalachians, as well as its mining heritage, for both current and future generations. The historical, scientific and technological nature of our Museum and its new King Mine Historical Centre make a center for education and initiation to earth sciences for visitors of all ages.

Visite minière patrimoniale

Board an exclusive excursion around the immense mining park of the region of Thetford Mines. Between turquoise waters, gigantic mountains of residue, Minehead-frames and mining buildings, collect minerals typical to the region and bring home a unique souvenir.

You can have lunch in Thetford Mines at:

La Bourgade, La Face de Bœuf, L'Maudit Français Cuisine Pas Fine, Café-resto L'Allongé

After lunch, you will arrive in the Eastern Townships²³ region.

Lose yourself in our larger-than-life natural landscapes. Go adventuring in our parks. Climb our mountains. Dive into our lakes. Soak up the tranquility that surrounds you. Come and meet our artisans, food producers, and shopkeepers. Discover our picturesque villages, who's rich (and sometimes tumultuous!) histories, echo down the ages. Sample our gourmet food, our wines, and our unique beers—products of our very own microbreweries. Eastern Townships is The Gourmet Experience with microbreweries, cafés de village, blue lavender and more. To discover the region, you can have a look at The Wine Route²⁴, The Summit Drive²⁵, The Townships Trail²⁶.

Upon arrival in the region, you have to decide where you want to stay – hotel, small auberge, we can recommend:

You may consider renting a suite with kitchenette, so you can pick your food during the day and prepare them at night! Besides a wide range of tourist accommodations, going from family-run B&Bs to full-service resorts, the Eastern Townships region features some rather unusual places to stay. The Parc national du Mont-Mégantic, for example, offers fully equipped Huttopia tents, rustic shelters (suitable for groups) and the EXP, glass-walled "nature" cabins with an open-plan living space. Other unusual accommodations in the region include "troglas" (inspired by The Hobbit of J.R.R. Tolkien fame), "tree looks" (tree houses), yurts and teepees. One of the latest concepts is the eco-friendly "zoo box"—a loft-style, energy-efficient, 538-square-foot space with a glass wall, nestled in the woods.

You can look at:

Hôtel Château-Bromont

A moment in time. Hotel, Auberge, and Golf. A unique destination in the heart of the Eastern Townships

Le St-Martin Bromont Hôtel & Suites

Le St. Martin Bromont offers guests a hotel with quiet, luxurious rooms with friendly and attentive staff. The breakfast is continental and offers a few warm selections too. Great location and minutes away from many local attractions.

Hôtel Suites Lac-Brome

Four-star hotel located near Brome Lake. The luxury Hotel Suites Lac-Brome, also known as Auberge Lac-Brome, welcomes you with its sumptuous, distinguished, and elegant décor, worthy of its four stars.

Manoir Hovey

A historic lakeside getaway. A secluded summer estate since 1900, Manoir Hovey is a 5-star Relais & Châteaux property that critics have described as a "national treasure" and said that "there is something magical, otherworldly about the place".

Estrimont Suites & Spa

Situated in Québec's charming Magog region, this luxury hotel features easy access to top-rated ski resorts as well as luxurious amenities and facilities...

Hôtel Chéribourg

Hotel Chéribourg is located at the foot of Mount Orford near Magog. For a room, a cottage, or a meeting room rental in Magog, choose the Chéribourg!

Le Ripplecove

Our gastronomic restaurant, Le Riverain, has consistently been awarded the AAA/CAA 4 diamond award for its innovative regional cuisine. Only steps from the water's edge, the view and stylish atmosphere of Le Riverain is unique in the region.

²¹ <https://chaudiereappalaches.com/en/>

²² http://www.beauxvillages.qc.ca/website_english.htm

²³ <https://www.eastertownships.org/>

²⁴ <http://www.laroutedesvins.ca/>

²⁵ <http://www.routedessommets.com/en>

²⁶ <https://www.chemindescantons.qc.ca/>



Wherever you are going in this region, you will always find a place to eat, taste, drink some local products! It will be impossible for us to give you a recommendation. However, in the region, you have to try to visit or do:

Parc de la Gorge de Coaticook

Tourist route exploring mountain summits and lush valleys. In the heart of a 50-meter (164 ft) deep gorge are hiking trails, a campground, horseback riding, mountain biking trails, and Foresta Lumina, a night-illuminated pathway.

Foresta Lumina

A pathway designed for after-dark excursions winding through an enchanted forest. Two km (1.25 mi) of the Parc de la Gorge de Coaticook come alive with lights. Moment Factory put its ingenuity to work with an exceptional audio track, breathtaking visual effects, and mysterious characters based on legends. After crossing the world's longest suspended footbridge, you'll enter a truly magical universe and enjoy a unique experience.

Astrolab du Parc national du Mont-Mégantic

The ASTROLab is an astronomy activity centre located in the Parc national du Mont-Mégantic provincial park, which is recognized as the first international dark sky reserve. Watching Big Bang au Vivant (a French-language film on the big bang and the emergence of life) on the big screen will fill your eyes with wonder, and so will your tour of the world's

most powerful observatory and its fascinating exhibitions. You can even use the telescopes and observation instruments to further explore the splendors of space.

Brunch-Croisière

Cruise magnificent Lake Memphremagog with Escapades Memphremagog and awaken your senses with its guided tours and gourmet meals. Climb aboard this luxury yacht and be seduced by its unique interior design and comfort, charmed by its relaxed atmosphere and gourmet menu, and mesmerized by its outdoor spaces offering scenic viewpoints beyond compare. They offer with Orford Express Tourist Train a package – cruise + train.

Orford Express Tourist Train

Climb aboard the Orford Express tourist train and treat yourself to a unique sensory experience, an exquisite meal, all the while taking in the great pastoral views that sweep the countryside between Magog, Eastman, Sherbrooke, and Bromont.

Night at your hotel or auberge. You might consider seeing Foresta Lumina tonight!

DAY 19 EASTERN TOWNSHIPS

After your breakfast, you will go to discover vineyards and cider in the area with Kava Tours. You will visit 3 wineries and have lunch in the area.

In the evening, you might consider doing a cruise or a train ride or attend the night show of Foresta Lumina or at the Astrolab!

DAY 20 EASTERN TOWNSHIPS

Early departure for Saint-Benoît-du-Lac where you will visit Abbaye Saint-Benoît-du-Lac.

In 1912, Benedictine monks from France founded a monastery overlooking Lake Memphremagog. The modern Saint-Benoît-du-Lac Abbey, designed by Dom Bellot, pays tribute to the harmony of natural geometric forms and makes splendid use of multicolored bricks. Many of the monk's prayer meetings are sung in Gregorian and Latin chant. Shop featuring maple products, cider, and cheese. Fromagerie de L'Abbaye Saint-Benoît is the only cheese dairy in North America that is run by Benedictine monks. The first cheese created at the Abbey in 1943 was the famed blue Ermitte cheese, which is still a celebrated cheese. Since 2000, the Bleu Bénédictin has also garnered several awards, including the Grand Champion in 2000 and the Champion in the blue cheese category in 2002 and again in 2006.

After, you can go and visit:

Zoo de Granby

Québec's largest zoo, the Granby Zoo features a vast space to observe more than 1500 animals from four continents, several of which are very exotic.

The museum of Ingenuity]-Armand Bombardier

After months of work, the Museum has a new look featuring Bombardier's ingenuity as its main theme. J. Armand Bombardier's genius (snowmobile inventor) propelled his business into a global transportation empire. The permanent exhibition, which is the heart of the museum, consists of certain objects from its collections. You'll be surprised by how bold and modern the museum is and by how it calls upon all five of your senses. Follow the trail of ingenuity!

Bleu Lavande

Near the picturesque village of Fitch Bay, stretches an expanse of blue that will stimulate your senses. A pioneer in lavender production in Québec, the Domaine Bleu Lavande lavender farm offers visitors a unique experience, featuring massages, yoga sessions, or concerts in its fragrant fields, top-quality products, and events, all in a lavender-scented country setting.

In the evening, you might consider doing a cruise or a train ride or attend the night show of Foresta Lumina or at the Astrolab!

DAY 21 EASTERN TOWNSHIPS / MONTEREGIE / MONTRÉAL AIRPORT 344 KM / ± 3H30

After your breakfast, you will depart the region to enter a new region: Montérégie²⁷.

²⁷ <http://www.tourisme-monteregie.qc.ca/en>



Did you know that ice cider was first created in Québec when Christian Bartheuf, a winemaker from Dunham considered the "father of ice cider", created a recipe in 1989 inspired by the ice wines of Germany? Québec's climate is much more suited to growing apples than grapes, and the same techniques can be applied to both fruits. In 1994, at Hemmingford in Montérégie, Bartheuf worked with François Pouliot to refine and develop ice cider in much larger volumes, at the cidery La Face Cachée de la Pomme (CidreCo.now). Considered the birthplace of ice cider, La Face Cachée de la Pomme was where the most advanced techniques for working with Québec's two signature features- apples and the cold- would be evolved and perfected. The very first bottle sold under the official designation ice cider, from La Cidrerie St.-Nicholas, appeared in a Québec government-run liquor store, the Société des alcools du Québec (SAQ) in 1999. 1999 was also the first year the authorities allowed the use of the term ice cider, having not allowed it earlier out of concern it would be confused with traditional cider. Today there are over 60 producers of ice cider. This has inspired producers elsewhere, and ice cider production can now be found in Western Canada, Europe, and the United States.

TAKE HIGHWAY #10 UNTIL BROSSARD AND THEN TAKE HIGHWAY #30 TO KAHNAWAKE

Montérégie, derived from the Latin form of the name Mont-Royal (mons regius) is named after the five hills that form the range between the island of Montréal and the Appalachian Mountains. This 11,000 km² territory has been a focal point of historical events that have shaped today's Québec. Discover the wealth of the four different areas of the region: Suroît, South Shore, the Richelieu River, and Montérégie-East. The Montérégie is the best region in Québec for the production of cider and apples, offering the outstanding Cider Route²⁸, a trail to discover the many cider mills in the region. The Montérégie is also at the forefront of ice cider production.

En route, you may have some time to visit some Cidrerie and taste of some cider!

Domaine Lavoie

Domaine de Lavoie offers a unique and rewarding gourmet experience worth living and repeating! Come discover our wines, ciders, and berries. More than twenty distinct products made right here in Québec just waiting to be discovered.

Vignoble et Cidrerie Coteau Rougement

Coteau Rougement is a magnificent estate nestled on the mountainside which comprises a vineyard and an orchard. The area is particularly well suited for the growing of vines and of fruits such as apples and pears. This exceptional estate has produced several award-winning wines and ciders over the years. The vineyard comprises a magnificent terrace with a breathtaking view of the region.

Cidrerie Michel Jodoin

Cidrerie Michel Jodoin is rooted in a long-standing family tradition dating back to 1901. The cider house relies on excellence and innovation to offer a varied selection of quality products.

Then visit of:

St. Francis Xavier Mission – Shrine of Saint Kateri Tekakwitha²⁹

The historic mission was first established in 1667 when the Kanien'kehá:ka (Mohawk) community located to the northern part of the territory at Kentake, now known as Laprairie, Québec. The community moved four more times due to economic agricultural as well as political changes and settled at its present site in 1716 at Kahnawà:ke, meaning "On the Rapids", and it was here a more permanent church was built in 1720. The Mission is surrounded by a Fort Saint-Louis, a fort that was erected in 1725 by the French in the protection of the Christian Iroquois. Partial sections of the original fort walls still stand today. The mission is the home of the Shrine of Saint Kateri Tekakwitha known as the "Lily of the Mohawks" a young Mohawk Woman who was canonized by Pope Benedict XVI, in 2012. Kateri's tomb can be found to the right of the main altar.

You can have your last lunch in Canada at

The Rail

Indian taco, oven apple pie and more.

The final route to the airport in Montréal.

End of the tour!



For each region in the Province of Québec, you can download a tourist guide³⁰ or you can go to Info Tourist Centre in Montréal or to any Tourist Office along your road and ask for them.

²⁸ <https://monescapade.ca/en/cider-route/>

²⁹ www.Kahnawaketourism.com

³⁰ <https://www.Québecoriginal.com/en-us/vacation-planning>